



Becoming the Beloved-

Body Image Workshop for Women/Teens

Do you believe that we can live Biblically wholistic lives physically, spiritually, emotionally, intellectually and socially? Do you know how to take a stance against the lies in our current cultures idea of body image? Do you want to know what God thinks?

There is NO PERFECT... but there is WHOLE!

Join us as we hear Alisa Keeton, B.A./C.P.T./A.C.E., share from her heart and God's Word, about body image.

- This workshop is for women of all ages and young women ages 14 and up.
- Saturday, February 20th, at 9:45am- 12:00. Held at Arizona Community Church, Tempe, in room G2. 9325 S. Rural Road, Tempe 85284. 480-491-2210.
- Wear comfortable clothing and bring a yoga mat (if you have one). Light physical activity will be involved.
- You are invited to join us for lunch after the seminar. We will drive to Chipotle. (Lunch is not included in the registration fee.)
- Registration: \$10 for women. If you are bringing your daughter/niece aged 14-17, there is no additional charge for her.
- For more information and to register, visit:
<http://www.fcaphx.com/becomingthebeloved.htm>

"For from Him and through Him and to Him are all things.
To Him be the glory forever. Amen" Romans 11:36