



## PASTOR ENDORSEMENTS

### **Pastor Dave Stockton**

LIVING STREAMS • *Phoenix, Arizona*

Revelation Wellness® has accomplished many of the ministry objectives that are so close to our heart here at Living Streams. Alisa and her team have been effective at outreach by drawing in people that live by our church, but did not attend our church. Alisa and her team have been effective at building community, so that people who go to our church on the weekends have a small group community feel in a group that is not very small. Alisa and her team are dedicated to helping each and every person that comes to experience the presence of God and to hear His voice, which is what we are trying to do in every venue around here. Also, since our vision is to be a healthy, local, church it has been wonderful to have a ministry with a physical component, as the kind of health we want for people includes, body, soul, and spirit. Lastly, Alisa and her team have been nothing but a blessing. Revelation Wellness is self-sufficient and self-sustaining. We are happy to partner with Revelation Wellness and are proud to be a place this ministry and ministry leader call home.

### **Pastor Josh Kappes**

VERTICAL LIFE CHURCH • *Newton, North Carolina*

Revelation Wellness has had a tremendous impact on a lot of women in a short amount of time. Kara has provided something that women deeply desire...hope! Hope through God's word and hope through "tribes" of women that are committed to, not only their own wholeness, but the wholeness of their sisters in Christ.

My wife has been personally impacted by Revelation Wellness and it has contributed to her emotional, spiritual, and physical well-being. This is not just an exercise class, it is a movement of women seeking LIFE together through Jesus. I whole-heartedly endorse Kara and this ministry to women in our community.

### **Pastor Randy Gideons**

THE WAREHOUSE CHURCH • *Leesburg, Florida*

Revelation Wellness has brought a much greater awareness of the importance of taking care of the "Temple of God", our bodies. The team effort, under our Revelation Wellness Instructor, Myra's leadership, has brought many closer together in community as well as fostered spiritual growth. This program is a valuable tool in the Kingdom of God for many different reasons. I would recommend Revelation Wellness to other faith communities for these reasons.

LOVE GOD. GET HEALTHY. BE WHOLE. LOVE OTHERS.

## PASTOR ENDORSEMENTS (continued)

### **Worship Minister Gabriel Ohmes**

BETHANY CHRISTIAN CHURCH • *Anderson, Indiana*

In my experience, the way Scripture and encouragement are woven into each fitness class is the biggest benefit and value to Revelation Wellness. Participants are challenged to view physical and spiritual fitness/well-being as a part of a combined life experience—not compartmentalized and out of balance as is regularly portrayed in the culture today.

Another huge benefit of Revelation Wellness at our church, is the introduction of new faces and families to the building, to the families, and to the friendly faces of our church. Not everyone who comes for the fitness classes, moves into other areas of ministry and worship—but, many do. Often, the initial entry point for a woman, a man, or a family, came through a Revelation Wellness class or study. The welcoming, accepting atmosphere helped soften their hearts or disprove previous experiences with another, past church.

We are truly blessed by our partnership with Revelation Wellness and specifically through our instructors/leaders, Courtney and Katrina.

### **Pastor Rey Diaz**

WASHINGTON CATHEDRAL • *Redmond, Washington*

Revelation Wellness does two very important things that all churches are trying to do—it opens another front door for new people to step into the church for the first time and offers a safe third place where believers and non-believers can rub shoulders. These workouts serve as a catalyst for missional engagement. We leverage this ministry for the kingdom of God.

### **Pastor Jerry Hilligoss**

FLORIDA STATION CHURCH OF GOD • *Anderson, Indiana*

Greetings! I'm writing this letter to you with share an exciting new ministry we, at Florida Station Church of God, have been privileged to be apart of. This ministry is called Revelation Wellness and it is wonderful! It is a God-centered, body, mind, and soul wellness program. This ministry gets people excited about becoming healthier spiritually by continually calling participants to get into the word of God and to pray always. The exercise part of the program is coached in a way that meets each person where they are physically. It allows them to gradually build up to better health. I see people feeling better about their life with Christ and feeling better about their bodies. This all leads to a better way of thinking and living for Christ. I want to thank God for allowing our congregation to be blessed with those who have felt lead to bring this ministry to our church and community. I also want to encourage my fellow Pastors to consider this wonderful ministry for their congregation.