



Soul Training Week #1—Trust Your Faith

Hiking the Grand Canyon, in one day. What makes you think you can do this? You may be ping-ponging back and forth between one moment believing you can and the next having no belief at all. Don't worry; you are not crazy. Have you seen the Grand Canyon (or at least Googled and looked at some images)? That thing is CRAZY big! But yet, you are drawn.

The voice of someone greater who provides something greater is calling.

God is not calling you to hike the Grand Canyon so you can prove something to Him, or to anyone for that matter. He is inviting you on this adventure so He can prove something to you. God wants to provide you with evidence that HE is big, beautiful, strong, good and kind. He has been, is and always will be. He is not changing His mind about who He is and who He says you are. That is set in stone and is unmoving as a canyon wall. You are the delight of The Father's heart. He has longed to meet with you, like this. In this big and scary, outside your comfort zone, kind of way.

God is calling you into a deeper knowing of His kind of love. And His love is strong and unyielding and is worthy of ALL our trust. Our inability to trust comes from our failure to know, remember and live from a certainty of WHO we are. We are a chosen children of God. He is a good, good Father. Even knowing how selfish, independent and unkind we would become (due to lies believed and wounds received), He still said, "I have got to have me THIS one. I am going to create _____ (enter your name) because I long to see him/her represent me to the world, in a way only she (he) can. This is going to be good!"

Trust your faith, means trust your FATHER. You were created to trust God and love people. Putting all your confidence in people (yourself included) is premeditated resentment and sorrow. People will fail, but God's love never will. His love never quits, never fails, never tires, never slumps, or slumbers.



It's time for you to rise and kiss the face of love—a love that has no grid for failure. There is no fear or failure in perfect love. Just freedom—a freedom that flourishes from trusting The One who loves you most.

*Trust in the Lord with all your heart and lean not on your own understanding;
in all your ways submit to him and he will make your paths straight. –Proverbs 3:5*

QUESTIONS:

1. At what times do you find it most difficult to trust?
2. What's your natural (first-instinct) response(s) to lack of trust?
3. Instead of your natural response(s), what kind of response(s), through the power of grace, is God offering you?
4. How hard is it for you to trust a process you have never been through before? (Specifically, this training process.)

DEEPER THOUGHTS WHILE HIKING:

The Father only reveals to us the things He wants to heal. Is there a specific life moment that God wants to speak to you concerning your inability to trust? Allow Him to speak to you and rewrite the pages of your story. Allow Him to turn those lies into His truth, in light of His great, Grand Canyon, crazy big love for you!