



Raising Up Rev: How to Raise our Kids in a Kingdom Culture

A Panel-Led Workshop from Instructor Training Retreat

How has Rev affected you and changed your role in your family?

- It has caused me to do the work of me, through the lens of the Gospel.
- I bring my son to class; we pray together.
- I have learned to accept my kids uniquely for how the Lord made them.
- I seek to give them a sense of belonging and safety.
- Rev gave me a Gospel voice in my family.
- I am not afraid any longer to enter into conflict and adversity; to have the hard conversations in love in order to see those I love get better.
- I get to be a role model to my kids of not just physical health, but true spiritual health.

“If I have a problem WITH you, there’s a problem IN me.” Alisa Keeton

How do you see the fruit of it in your family?

- Asking forgiveness. **(Great free resource on forgiveness training: <https://www.revelationwellness.org/free-downloads-2/forgiveness-training/>)
- There is humility in my kids, teachability, openness.
- We practice the “Table of Truth” as a family: where everyone in the family takes turns sharing one thing you’re doing well and one thing you can grow in.
- We have conversations and a family culture of experiencing freedom and setting others free.
- I see my children speaking life over others.

“Stay tethered. Come to the table. Show up. Continue to be fed and it will continue to overflow and pour out in your family.” Tammy LaFleur

“Catch your kids eyes. Mirror them- eye to eye and delight in them; whatever the age. Listen to them. They want to be heard and empathized with.” Alisa Keeton



What would you say to people who don't have children of their own but feel called to be involved in the lives of children?

- Yes! So important for the next generation to see other believers who are following Christ, other than their parents.
- Pray right now for mentors for your kids.
- Research shows that the single biggest factor for kids continuing their faith beyond the age of 18 is having a relationship with another adult outside of their parents (book: Sticky Faith)

Technology:

- How do we reflect and do relationships at home?
- Are we scrolling when our kids walk through the door?
- What's your use of technology?
- How attached are you?
- How much and how often do you take a break from it?
- Do you have technology free days/times as a family?
- Have realtime connection and conversation.
- Tip: Throwing a ball back and forth together is scientifically proven to soothe the brain and open up the lines of conversation.
- Pray and exemplify a tech break in your own life.
- Have safety locks and firewalls on your internet and devices.
- Have open access to your kids' devices and social media platforms and check them regularly.

"Relationship requires presence." Alisa Keeton

"Don't give them anything you're not ready to manage." Tammy LaFleur

"It's up to us to train the stewardship of their hearts and to be a safe place that they can come to talk about anything." Alisa Keeton

"Fight the battles that are important to fight. Say no when you have no. Otherwise, say yes!" Crystal Vander Heiden



“Start the community and culture you crave. Go first. Humble yourself. Lay on the altar and ask forgiveness. Keep doing it. Your family will see the changes in you and when they do, they will begin to think that they can do new things too.” Alisa Keeton

The Kingdom is not in trouble and neither are we.

Favorite Resources:

- Bible!
- Child Training Tips by Reb Bradley
- Grace Based Parenting: Set Your Family Free by Dr. Tim Kimmel
- Raising Giant-Killers: Releasing Your Child's Divine Destiny through Intentional Parenting by Bill Johnson
- Kingdom Culture by Dann Farrelly
- The Story of Me (God's Design for Sex Series) by Brenna Jones
- Sticky Faith: Everyday Ideas to Build Lasting Faith in Your Kids by Dr. Kara E. Powell and Dr. Chap Clark
- Heir to the Crown by Alisa Keeton
- The Tech-Wise Family: Everyday Steps for Putting Technology in Its Proper Place by Andy Crouch
- Screens and Teens: Connecting with Our Kids in a Wireless World by Dr. Kathy Koch
- The Jesus Storybook Bible
- The Action Bible
- <https://connectedfamilies.org/>
- Revelation Wellness “Be Still and Be Loved” Podcasts