



CREATING A VISION/MISSION STATEMENT FOR YOUR LIFE

Set aside two hours with 2-3 friends to eat some yummy snacks, watch a short teaching on writing a vision/mission statement, engage in deep conversation, and pray with each other.

Writing a vision & mission statement for your life will help you articulate how God works through you in all you do.

Ready? Let's go!



GET FREE. STAY FREE. SET OTHERS FREE.



EXCLUSIVE RECIPES FROM COOKING WITH LORI

BLACK BEAN DIP

Serving Size: ½ cup

Servings: 2

Ingredients:

- 15 oz can black beans - drained & rinsed
- 3 T chicken broth
- ½ t salt ¼ t pepper
- ½ t garlic powder
- ½ t onion powder
- ½ t cumin powder
- ½ t chili powder
- Optional: ¼ t red pepper flakes (to add a little kick)
- Veggies to eat with the dip: red, yellow, orange, or green bell peppers, cucumber, sliced carrots

Directions:

1. Using a blender or food processor, blend all the ingredients together until smooth, and serve with veggies.



EXCLUSIVE RECIPES FROM COOKING WITH LORI

CHOCOLATE MOUSSE

Serving size: ½ cup

Servings: 4

Ingredients:

- 1 - 13.66 oz can coconut cream
- ½ c 80% dark chocolate bar - rough chopped
- 4 T maple syrup
- 1 t vanilla
- 1 c raspberries (topping)

Directions:

1. In a microwave or double boiler, melt the dark chocolate and coconut cream together in a large glass bowl and stir well.
2. Stir in maple syrup and vanilla.
3. Refrigerate for 2 hours or until firm. Beat with an electric mixer for 2-3 minutes to make it light and fluffy.
4. Top with raspberries.



SHANNON'S TEACHING: CREATING A VISION/MISSION STATEMENT FOR YOUR LIFE

Watch the teaching here:





TEACHING NOTES

“Delight yourself in the LORD,
and he will give you the desires of your heart.” Psalm 37:4

This activity begins with seeking the Lord.

But don't overthink it!

This is your first draft. We encourage you to share your vision/mission statement with your friends, family, and other trusted mentors. Ask for insight and feedback. Your people may see aspects of your life and mission that you miss.

It may take time for you to articulate how God works through you in your life. That is OKAY! Rejoice because He is working through you!

Let's get started.

Revelation Wellness Vision Statement: To use fitness as a tool to spread the gospel message.

- What is the ultimate goal of every program/event/product?

Revelation Wellness Mission Statement: Love God. Get Healthy. Be Whole. Love Others.

- How do we know we are working toward our vision statement?



TEACHING NOTES

Your Vision Statement:

The vision statement reflects the overarching goal or outcome of your life. This is your WHY!

Start with God. Take a few minutes to pray and reflect on your life.

Consider these questions to help you write your vision statement:

1. God, what is the vision you have for my life?
2. What kind of person do I want to become?
3. What is the great goal of my life? What do I want my life to have been about?
4. What do I have to offer? What skills/talents/gifts have you given me that I can give to others?
5. What do I enjoy talking to people about?

Your Vision Statement will reflect the passions, character, and heart God has given you.



TEACHING NOTES

Your Mission Statement:

The mission statement reflects the practical aspects of reaching the goal or ideal defined in your vision statement. This is your HOW!

Why you need a mission statement:

1. Mission instills confidence - Exodus 7:8-13
2. Mission diminishes distractions - Numbers 12:1-13
3. Mission pushes you through the pain - Exodus 15:22-25
4. Mission empowers you to please God - Hebrews 11:26

Consider these questions to help you write your mission statement:

1. What do you do daily (or most days) that contribute to your vision?
2. Who does your mission serve? Who do you do your mission with?
3. How will you achieve your vision?
4. What do you value?
5. Who are you?



DISCUSSION QUESTIONS

Allow 20-30 minutes for the group to write the first draft of their vision/mission statement.

Have fun! You can continue to rewrite and refine your statements as you give more attention to how He is working through you in all you do!

1. Invite the group to share their vision/mission statements.
 - a. If you're in a large group, divide into smaller groups. This can also be done in pairs.
 - b. Allow time for feedback, insight, questions, or encouragement in response to the shared vision/mission statements.
2. How does your vision statement reflect your life right now?
3. In what ways does your vision statement aspire you to grow?
4. How might your vision/mission statement cause you to depend more on God?



#525 BE STILL AND BE LOVED: THE ONE IN WHOM HE DELIGHTS

Listen to the meditation here:



PRAYER PROMPTS

CONSIDER ENDING YOUR TIME BY PRAYING TOGETHER ABOUT THESE TOPICS:

- Pray for God to help you recognize who can partner with you in your mission.
- Ask the Holy Spirit to help you refine your vision and mission statement.
- Thank God for any inspiration He's given you today.
- Recognize and confess any feelings of comparison or disappointment you may feel about your vision/mission statement.
- If you're not in a Christian community already, ask God for help finding a local church community to run on mission with – for support, friendship, discipleship, encouragement, accountability, and spiritual growth.
- If you are part of a Christian community, ask God to deepen the bonds of unity between your church family.



ADDITIONAL RESOURCES

- [The Move in Love Journal](#)
- [Revelation Wellness Podcast #460 Interview with Paula Faris
“Called Out”](#)
- [The Official Revelation Wellness Community](#)