



2023 Rest & Rebuild Participant Schedule

Geneva Coffee will be open Friday & Saturday from 6-7a

Thursday, April 20

2:00	Arrive at Lake Geneva	**Please try to arrive at this time. We unfortunately cannot accommodate early arrivals.	
2:30 - 3:10	WELCOME to Your Small Group!	Le Homme Dieu	Small Group Assignments in Your Packet.
3:15 - 4:00	Opening Welcome Session	Le Homme Dieu	
4:00 - 5:00	Teaching with Alisa Keeton		
5:00 - 6:00	Free Time (Unpack, Get to Know Camp, etc.)		
5:00 - 6:00	STORE Open	Lower Hallway	
6:00 - 7:00	Dinner w/ Small Group	Dining Hall	
7:00 - 7:15	Worship	Gym	Bring Exercise Mat (and Journal if you want).
7:15 - 8:00	Rev on the Mat		
8:00 - 8:45	Healing - Be Still & Be Loved		

Friday, April 21

6:00 - 7:00	(Geneva Coffee Open)		
7:15 - 7:35	Be Still & Be Loved	Gym	Bring Exercise Mat & Resistance Tube (if have)
7:45 - 9:00	Workout in Gym		
9:15 - 10:15	Breakfast with Small Group	Dining Hall	Small Group Photos Part 1 in Dining Hall
9:45 - 10:40	STORE Open	Lower Hallway	
10:15 - 10:45	Free Time		
10:45 - 12:00	Worship + Teaching with Nika Maples	Le Homme Dieu	"The Change Exchange"
12:15 - 12:45	Small Group		
1:00 - 2:00	Lunch with Small Group	Dining Hall	Small Group Photos Part 2 in Dining Hall
1:15 - 2:10	STORE Open	Lower Hallway	
2:15 - 3:15	Teaching with Aaron Brewer	Le Homme Dieu	"Rebuilding from Emotional Bankruptcy"
3:15 - 4:30	STORE Open	Lower Hallway	
3:30 - 4:30	OPTIONS:		
	A: Rev Wild Guided Nature Walk	Meet outside of the gym	
	B: Reflect & Release: Creative Bible Journaling	Le Homme Dieu	
	C: Free time		
4:45 - 5:30	Regional Meet & Greet	Locations in Packet	
5:30 - 6:00	Stillness & Reflection		
6:00 - 7:00	Dinner	Dining Hall	Ambassador Stories
6:15 - 7:10	STORE Open	Lower Hallway	
7:15 - 8:45	Laughter is Good for the Soul	Le Homme Dieu	

Saturday, April 22

6:00 - 7:00	(Geneva Coffee Open)		
7:15 - 7:35	Be Still & Be Loved	Gym	Bring Exercise Mat & Resistance Tube (if have)
7:45 - 9:00	Workout in Gym		
9:15 - 10:15	Breakfast	Dining Hall	
9:45 - 10:40	STORE Open	Lower Hallway	
10:15 - 10:45	Free Time		
10:45 - 12:00	Worship + Teaching with Nina Landis	Le Homme Dieu	
12:15 - 12:45	Small Group		
1:00 - 2:00	Lunch	Dining Hall	The Body Revelation Book Signing
1:15 - 2:10	STORE Open	Lower Hallway	
2:15 - 3:15	Small Group		
3:30 - 4:30	Rev on the Mat + Soaking	Gym	
4:30 - 6:00	Free Time (rock wall, blob, volleyball, basketball options)		
4:30 - 5:30	STORE Open - (Last Chance)		
6:00 - 6:45	Dinner with Small Group		
7:00 - 9:30	Final Session	Le Homme Dieu	*Bring coat - May go outside weather permitting

Sunday, April 23

7:15 - 9:00	ROTM - Intercessory Prayer	Gym	Bring Exercise Mat
9:15 - 9:55	Breakfast	Dining Hall	
10 - 11:00	Small Group		
11:00 - 11:30	Shower? / Check Out - TAKE LUGGAGE TO BUSES/CARS		
11:30 - 12:30	Worship / WAR / Closing / Soaking & Prayer	Le Homme Dieu	
1:00	Depart	Dining Hall	