

ANGELS WE HAVE HEARD ON HIGH (Live)

Chris Tomlin

Format: Christmas Drumsticks

Length: 3:21

Instructor: Sara Taylor

Exercises	Reps
Intro	
Step touch hit R, L	8x
<u>Round 1</u>	
Alt side tap, pull hit R, L	8x
Combo	2x
Alt kick R, L, wide arms hit 4x	
Overhead hit, hop 8x	
Step touch hit R, L	4x
<u>Round 2</u>	
Repeat round 1	
<u>Round 3</u>	
Repeat round 1	
Combo (4 times total this round)	2x
Step touch hit R, L	8x