REVELATION WELLNESS*

EST 2011

WHY REVELATION WELLNESS EXISTS

Revelation Wellness exists to free people from body obsession and neglect to health and wholeness found in Jesus.

VISION

We envision a world where people live out the love of Jesus with their whole selves — body, mind, and spirit.

MISSION

We train people to love God and their bodies — through deep spiritual healing, physical health practices, and the transformational love of Jesus.

DEPENDENCE ON GOD

- When it comes to helping people with their earthly concerns, like health, we seek first God's Kingdom through His word, then build our teachings, content, and programs on that solid foundation.
- We know we cannot change people by our strength and might; God changes people by His Spirit.
- Our dependence on God creates humility, allowing us to put His will and ways above our own.
- We trust that when we focus on God's will over our desires and care for people above building a brand, God's heart is pleased.
- We believe that every good gift comes from God, and it's our responsibility and privilege to steward those gifts well.

INTEGRITY

- We are a non-profit that exists to serve people. We do not confuse people with profit. As
 we desire most to please God's heart in what we create, we trust God will provide for all
 our needs as He draws all people to Himself.
- As a non-profit that exists to help people live healthy and whole lives in Christ, we refuse to
 offer quick fixes or make flashy promises for a sale. We believe there are no substitutes for
 the transformational love of God.
- We desire Kingdom excellence without performance.
- By God's grace, we are who we say we are, and what we say we will do, we do to the best of our abilities.
- We believe in sound financial management and transparency in the belief that all resources come from God and belong to Him.

REEDOM

- We believe that the human body was designed by God for the ability to love God, ourselves and others, and establishes a person's right and ability to increase good on earth. Our bodies are for ability not vanity.
- Knowing the truth that we are uniquely made, loved, and chosen by God frees us from body obsession, neglect, and the quest of worldly standards.
- God's renewing love transforms people into new creations, free and empowered by the Holy Spirit to do new things that help set other people free.

ACTION

- God's transformational love moves us to action—loving Him, serving others, and equipping leaders to be sent out to the ends of the earth.
- We do the word of God and not just hear it, because faith without action is not true faith. The transformational love of Jesus helps us get better and do better, not just feel better.
- We value action, especially in hard times. We believe that hard things can be holy, and we remain committed to faithfulness and obedience, especially during difficult times.
- Through our bodies, the world can see the love of Jesus Christ, not just hear about it.

GENEROSITY

- We believe there is no lack in God's Kingdom, and what's in heaven is available to us on earth.
- We aim to be generous with our thoughts about people and circumstances by believing the best in others and at all times.
- We care about serving all people, regardless of social and economic status.
- We believe all bodies are good bodies.

CORE SCRIPTURES

Genesis 1:26-28

Then God said, "Let us make man in our image, after our likeness. And let them have dominion over the fish of the sea and over the birds of the heavens and over the livestock and over all the earth and over every creeping thing that creeps on the earth." So God created man in his own image, in the image of God he created him; male and female he created them. And God blessed them. And God said to them, "Be fruitful and multiply and fill the earth and subdue it, and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth."

Isaiah 53:5

But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed.

1 Samuel 16:7

For the Lord sees not as man sees: man looks on the outward appearance, but the Lord looks on the heart.

Matthew 6:25-33

"Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life? [And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be added to you."

Mark 12:28-31

One of the teachers of the law came and heard them debating. Noticing that Jesus had given them a good answer, he asked him, "Of all the commandments, which is the most important?" "The most important one," answered Jesus, "is this: 'Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these."

CORE SCRIPTURES CONTINUED

Luke 22:19-20

And he took bread, and when he had given thanks, he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me." And likewise the cup after they had eaten, saying, "This cup that is poured out for you is the new covenant in my blood.

Acts 1:9-11

And when he had said these things, as they were looking on, he was lifted up, and a cloud took him out of their sight. And while they were gazing into heaven as he went, behold, two men stood by them in white robes, and said, "Men of Galilee, why do you stand looking into heaven? This Jesus, who was taken up from you into heaven, will come in the same way as you saw him go into heaven."

John 1:14

And the Word became flesh and dwelt among us, and we have seen His glory, glory as the only Son from the Father, full of grace and truth.

Galatians 5:16

But I say, walk by the Spirit, and you will not gratify the desires of the flesh.

Ephesians 5:29

For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church.

1 Corinthians 6:19-20

Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

1 Corinthians 10:31

So, whether you eat or drink, or whatever you do, do all to the glory of God.

1 Corinthians 15:52

in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised imperishable, and we shall be changed.

2 Corinthians 4:10-12

Always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. For we who live are always being given over to death for Jesus' sake, so that the life of Jesus also may be manifested in our mortal flesh. So death is at work in us, but life in you.

2 Corinthians 4:16

So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day.